

Saturday & Sunday





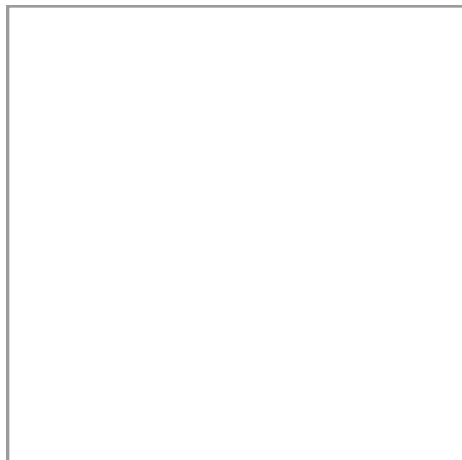
Weekly Goal: 45 mins

Your Name:

Try and play 25 mins each day of the weekend and fill in those stars.
Draw your own star if you play on a different day.

Week #:

<input type="checkbox"/> MON	<input type="checkbox"/> TUE	<input type="checkbox"/> WED	<input type="checkbox"/> THU	<input type="checkbox"/> FRI	<input type="checkbox"/> SAT	<input type="checkbox"/> SUN
						



I feel _____

Optional:
Draw a picture of two emotions you felt this week and take a photo to share them back with your coach.



I feel _____